

Sailing Instructions
Your Regatta Name
Your Club
Month XX-XX, 20XX

1 RULES

- 1.1 The regatta will be governed by the rules as defined by the current Racing Rules of Sailing, as modified by the NWYRC Notice of Series, the Notice of Race, and these Sailing Instructions.
- 1.2 Class rules shall be observed and enforced by the competitors, except that competitors may use a “club sail” in place of a class legal sail, provided it is of the same dimensions and provides no added advantage.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the Sailing Instructions will be posted before 1000 on the day it will take effect, except that any change to the schedule of races will be posted by 1700 the day before it will take effect.
- 2.2 Changes to a sailing instruction may be made on the water by raising the L Flag with one signal and verbally communicating the instructions to sailors. The information will also be hailed to coaches and support boats over the radio.

3 NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be posted on the electronic notice board: insert event website here.
- 3.2 On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel XX for the Alpha Course and channel XX for the Bravo Course.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the race committee boat at the dock.
- 4.2 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 30 minutes’ in Race Signals AP.

5 SCHEDULE

Saturday, Month XX, 20XX		Sunday, Month XX, 20XX	
10am – 11:30am	Registration /Rigging / Launch	9am-10:30am	Rigging / Launch
11:00am	Safety/Support Boat Meeting	10:30am	Coach Meeting
11:30am	Competitors Meeting (Mandatory)	11:00am	First Warning
Noon	First Warning	3:00pm	No Starts after this time
6pm (Approx.)	Dinner	4:00pm	Awards Ceremony

6 CLASS FLAGS

- 6.1 The Opti Green Fleet Class flag is XXX.
- 6.2 The c420 Fleet Class flag is XXX.
- 6.3 The ILCA (Laser) Class flag is XXX.
- 6.4 The Opti Championship Fleet Class flag is XXX.
- 6.5 The CFJ Class flag is XXX.
- 6.6 The 29er Class flag is XXX.

7 RACING AREA

- 7.1 Racing will take place in Shilshole Bay adjacent to the marina breakwater and/or Golden Gardens Park.
- 7.2 Green Fleet racing will take place in Shilshole Bay adjacent to the marina breakwater and/or Golden Gardens Park.

8 NUMBER OF RACES

- 8.1 For all classes, a maximum of eight (8) races may be completed in one day.
- 8.2 A minimum of one race shall constitute a regatta.

9 STARTS and RACE TIME LIMITS

- 9.1 Starts shall be conducted in accordance with Rule 26 (5 Minute Sequence), except that the fleets on Bravo Course will use the 3-Minute Start Sequence as described in Appendix S.
- 9.2 The Race Committee will attempt to hail boats that are over early. This is only a courtesy and will not be grounds for redress. Redress shall not be granted if the Race Committee fails to hail a sail number, is tardy in hailing a sail number, or if a competitor does not hear the hail.
- 9.3 Boats failing to finish within 15 minutes after the first boat finishes shall be scored Did Not Finish without a hearing. However, if there is a clear order among boats that fail to finish within the time limit, then those remaining boats may be finished in place by the Race Committee. This changes Rule 35.

10 COURSES ASSIGNMENTS

10.1 Alpha Course

29er

C420

ILCA 4, 6, 7 (Laser 4.7, Radial, Standard)- May start together, but shall be scored separately

Opti Championship Fleet

CFJ Fleet

10.2 Bravo Course

Optimist Green Fleet

11 COURSES

- 11.1 See "Attachment A" for course diagrams
- 11.2 Bravo Course will only be sailing Courses 1, 1 SW, 2, 2 SW, 3, 3 SW (not the trapezoid courses)
- 11.3 The target race length on Alpha Course is approximately 30-45 minutes. The target race length on Bravo Course is approximately 10-15 minutes. A race which runs significantly longer or shorter than the target times shall not be grounds for redress.
- 11.4 Course numbers will be displayed by xxxxxxxx.

12 MARKS AND START/FINISH LINES (see Attachment A)

- 12.1 *Alpha Course:* Marks will be describe the marks. There will be a shorter alternate windward mark ("SW"). Mark "SW" shall be a describe the mark set at approximately 60% the length of mark "SW." The start will be between the signal boat with an orange flag and either a committee boat with an orange flag or a white mark. The finish will be between a committee boat with a blue flag and a white mark.
- 12.2 *Bravo Course:* Marks will be describe the marks. There may be a shorter alternate windward mark ("SW"). Mark "SW" shall be a describe the mark set at approximately 60% the length of mark "SW."

The start will be between the signal boat with an orange flag and an orange mark. The finish will be between a committee boat with a blue flag and a white mark.

- 12.3 There will be no signals made if the course axis changes less than 20 degrees or the length of the leg is changed less than 20%. This changes RRS 33.

13 PROTESTS AND APPEALS

- 13.1 A boat intending to protest about an incident that occurs in the racing area shall notify the race committee finish boat of her intention as soon as possible after finishing, including the sail number of the boat(s) being protested. This adds to RRS 61.1(a).
- 13.2 Protest forms are available at the registration table. Completed protest forms shall be delivered there within the protest time limit.
- 13.3 The protest time limit is 30 mins after the race committee arrives back at the dock after each day's racing.
- 13.4 Notices will be posted within 10 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury room located XYZ
- 13.5 Protests will be heard using the 3-minute justice system.

14 SCORING & PENALTY SYSTEMS

- 14.1 The Low-Point scoring system of Appendix A will apply.
- 14.1(a) When fewer than 5 races have been completed, a boat's overall score will be the total of her race scores.
- 14.1(b) When between 5 and 9 races have been completed, a boat's overall score will be the total of her race scores excluding her worst score.
- 14.1(c) When 10 or more races have been completed, a boat's overall score will be the total of her race scores excluding her worst two scores.
- 14.1(d) If a competitor is disqualified, they may discard that score, provided they were not disqualified for poor sportsmanship (Rule 69) and they did not gain significant advantage by breaking a rule (Rule 2). Only in cases where one of these rules was broken shall their next worse score be excluded instead. This modifies Rule 90.3(b)
- 14.2 Results of this regatta will count toward the 20XX NWYRC Summer Series.

15 COACHING

- 15.1 Coaching on the water is permitted between races. At the warning signal for a given race, all coaching shall cease until a competitor has finished that race. To avoid any interference with boats still racing, competitors shall be required to sail to an area at least 75 feet away from the start/finish line when meeting with coach/support boats between races.
- 15.2 Coaching the back 25% during races is permitted in cases where novice racers are slowing the progress of the regatta. Coaches must avoid interfering with the race of other sailors. This changes RRS 41.

16 SUPPORT & SPECTATOR BOATS

- 16.1 Except in the case of emergencies, support and spectator boats must remain a distance of 75 feet from the racing area at all times, and shall not cause significant wake in the racing area.
- 16.2 Coach, support, and spectator boats are required to carry a working VHF radio. They shall monitor either VHF Channel XX (Alpha Course) or VHF Channel XX (Bravo Course) at all times.

17 SAFETY

- 17.1 Competitors shall wear a US Coast Guard (USCG) approved personal flotation device (PFD) while on the water other than for brief periods while adding or removing clothing.
- 17.2 "Safety and support boats shall come to the aid of a boat or person in danger. A boat perceived to be in danger cannot refuse assistance and may continue racing if she is able." See RRS 1.1 and 41.

18 BOAT STORAGE

- 18.1 Competitors' boats shall be stored Saturday night in an area designated by the Regatta Organizers.

19 PRIZES

- 19.1 Thank you XYZ sponsor for generously donating awards. Prizes will be awarded to the skippers and crews of the top three finishers in the 420, Laser, CFJ, & 29er fleets and Optimist red, white, and blue fleets. All Optimist Green Fleet competitors will receive a participation medal.
- 19.3 Fleets must have the minimum number of boats registered by CUT OFF DATE HERE to receive prizes.

Attachment A

Course 1:

Start, W, L(P), Finish

Course 1 SW:

Start, SW, L(P), Finish

Course 2:

Start, W, L(S/P), W, L(P), Finish

Course 2 SW:


Start, SW, L(S/P), SW, L(P), Finish

Course 3:

Start, W, L(S/P), W, L(P), W, L(P),
Finish

Course 3 SW:

Start, SW, L(S/P), SW, L(P), SW,
L(P), Finish

 W (Windward)

 SW (short Windward)

Notes:

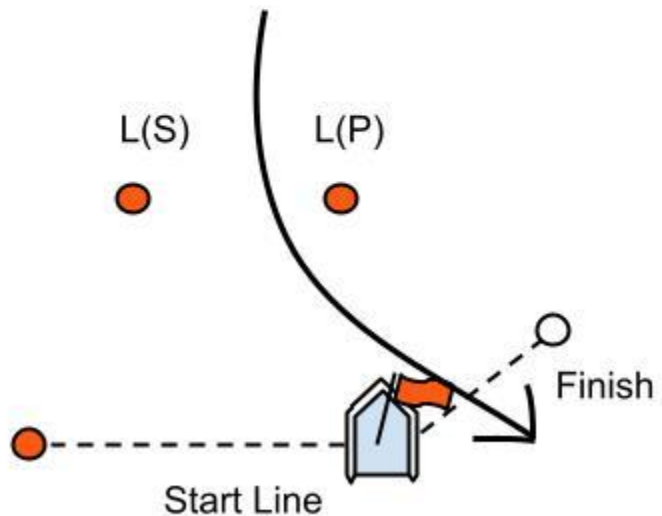
*Except for Leeward Gates, all marks rounded to port

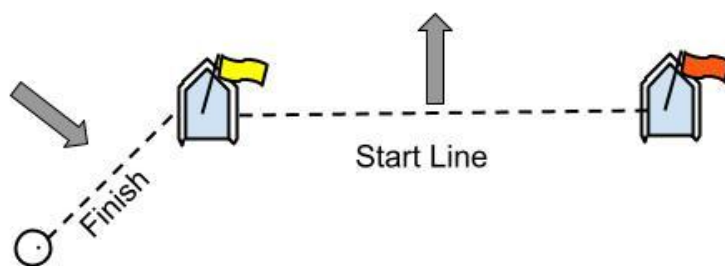
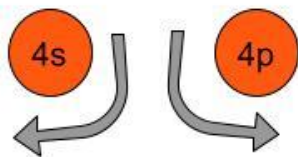
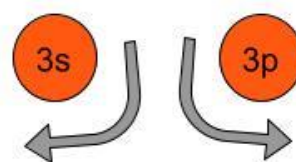
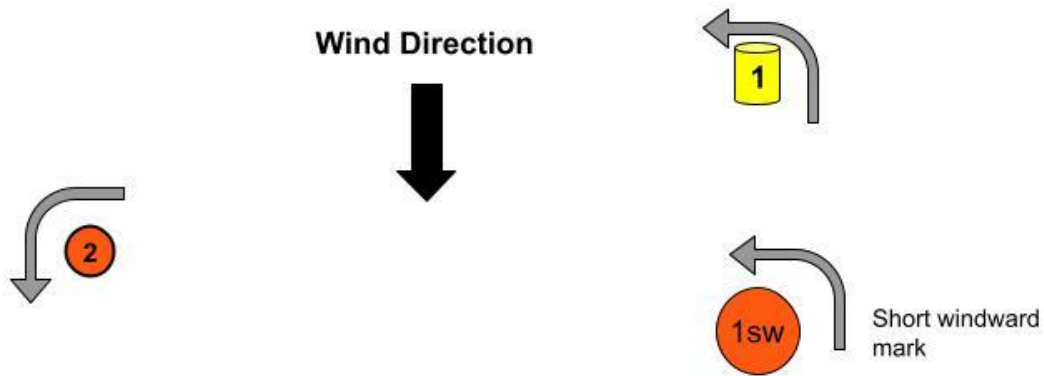
*If a gate mark is missing, the remaining mark shall be rounded to port.

*If there is no SW mark set, round the W mark.

*L(P) must be rounded to port when heading to finish. This is illustrated by the arrow.

*Diagram not drawn to scale, all angles approximate.





Course #4: Start - 1 - 2 - 4p - Finish

Course #4sw: Start - 1sw - 2 - 4p - Finish

Course #5: Start - 1 - 2 - 4s/4p - 2 - 4p - Finish

Course #6: Start - 1 - 3s/3p - 1 - 2 - 4p - Finish

Course #6sw: Start - 1sw - 3s/3p - 1sw - 2 - 4p - Finish

Notes:

*Except for Leeward Gate, all marks rounded to port

*In the absence of a gate, round single leeward mark to port.

*Diagram not drawn to scale, all angles approximate.